

Lake Cranbury LIVING



BOYS TO MEN

Advance Camp builds a foundation for young men.

PG. 10

ART OF EXCELLENCE

2019 LGL Art of Excellence Award Recipient Julia Crum

PG. 46

SUMMER RECIPES

Recipes your whole family will love!

PG. 68



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Granbury, Texas

2017 CORDOVA CIRCLE

\$1,200,000 | Situated in town, this breathtaking 3-story custom-built home offers vaulted cedar beamed ceilings, open living with floor to ceiling stone fireplace, an inviting kitchen with breakfast bar, island, and wine rack. The outdoor living area boasts speakers, sensory lighting, saltwater pool with attached spa, a lighted double deck dock, and a 2-story guest home!

Zeke Dorr | 817-559-5812

Granbury, Texas

Sensational

During this time of year when school is out, family vacations are in the books, and the days of summer seem to run together, I think it's appropriate to talk about how we achieve it all. Between crazy schedules and keeping our livelihood we all have the same goal, just different ways of getting there.

It seems the only way to keep up with the Jones' is to react impulsively, to be driven by sensation and lack of time with every click, most purchases, and even some major decisions. I'm asking that we take a step back and consider if we even want to keep up with the Jones'?

Let us be inspired by one another, let us collaborate and find different ways of seeing. Let us find truth in the source and be more deliberate with every step to success and happiness. This issue of Lake Granbury Living celebrates the power of preparation and community, as well as establishing our own shiny new customs.

Your path is yours and as long as it travels safe, blaze your trail.



Melissa McGavock
MANAGING EDITOR

FROM OUR READERS

“Lake Granbury Living is a finely crafted, beautifully executed magazine. It covers the Granbury community with outstanding editorials and photographs. As an artfully designed magazine it is worthy of being on the coffee table.”

- Pamela Steege
Pamela Steege Photography

“LGL is the best magazine I've ever read. I'm new to Granbury, so I read it 24/7. If you want to get involved in the Granbury Community, LGL is the Magazine for YOU!!”

- David Stout, Owner
Stout Motivation, Inc.

“Lake Granbury Living is a fantastic reflection of our town. GreenFox has a very talented team.”

- Tim Bubel
Director of Operations, RLM

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Pure Joy

What's your current situation? Do you feel full of life and hopeful? Are you down in the dumps and worried? Are you where you wanted to be at this stage in life?

For me, I am doing things in my life that I would have never imagined. Not only did I not imagine them, I never planned them. For instance, I grew up in a low income apartment complex in the ghetto of Dallas with a single mom. With that said, being a business owner was not in the cards for me. Neither was owning a home, having an amazing family or anything else that is considered "successful." I didn't know much about my future, but I knew one thing, I was not going to let my current or past situation define my future. I made it a goal in life to be and think positive about every situation. In fact when I

was younger, one of the first bible verses I learned was in the book of James where he said to "consider it pure joy my brothers when facing trials of many kinds because the testing of your faith develops perseverance. Perseverance must complete its work so that you may be mature and complete lacking in nothing." Wow! What amazing words of wisdom!

Your current situation may feel like a trial or even hopeless, but if you allow yourself to look at these conditions as "developing perseverance" then your future is full of endless possibilities.

Eric Wilkins

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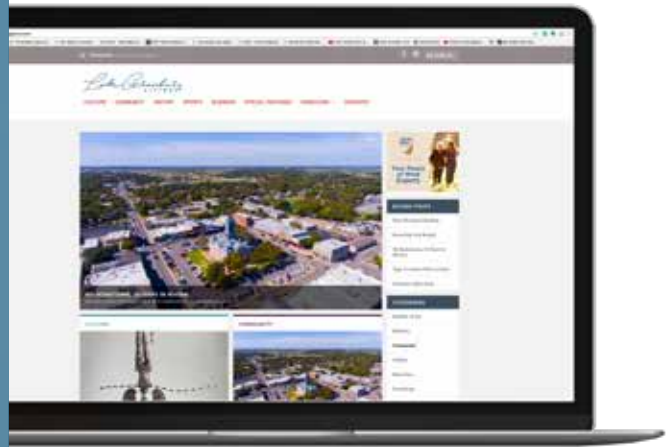
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ABOUT THE COVER

Summer recipes the whole family will love!

Photo By:
 Shad Ramsey
 Photography





BOYS TO MEN

Words by

Daniel Haase

Photography by

LP Taylor Photography



ADVANCE CAMP TEXAS

BUILDING A
FOUNDATION FOR
YOUNG MEN



A local weekend camp is providing opportunities for fatherless young men ages twelve to eighteen to learn real-life skills under the watchful eye of adults, and is enriching lives in the process.







Today's world can be a difficult one for a boy to navigate his way to manhood. Society sends mixed (and often inappropriate) messages. Boys learn to suppress their emotions and often have trouble figuring out who they are—and who they are not. It takes involved parents to help grow a son to be an adult.

A father spending time with his son is time well-spent. But what if there is no father figure in a boy's life—no one to expose him to the kind of life experiences that only a father could teach a son? Opportunities for target practice, working with wood, fishing, or fixing a bicycle used to be commonplace for boys as they grew up, but for many those opportunities are rare now.

Advance Camp is a local program that works to change that. The program was founded by Chad Wallen and is intended to build a Christ-centered foundation for young men ages twelve to eighteen. Chad uses the term "young men" intentionally out of respect for the participants in the camps, who are in need of a mentor to teach them practical skills as they become adults. The camps teach skills a father would have, and should have, taught his son if he was involved in his life.





Chad's desire is to change the life trajectory of these young men by strengthening their self-esteem and teaching them useful skills, some of which could eventually translate to a career in a trade. A mentor is paired with no more than two young men, and they are often as excited as the participants to work on the camp activities. A camp will generally have five to ten participants, so there is plenty of opportunity to develop relationships.

The responses from the mothers of young men who have attended clearly demonstrate that Advance Camp is making a difference. One mother said that her son wanted nothing to do with a bunch of men before going to the camp, but after learning appliance repair skills one Saturday, he excitedly wanted to know if he could go to the next one. Another mother said her two sons could not stop talking about the camp they attended.

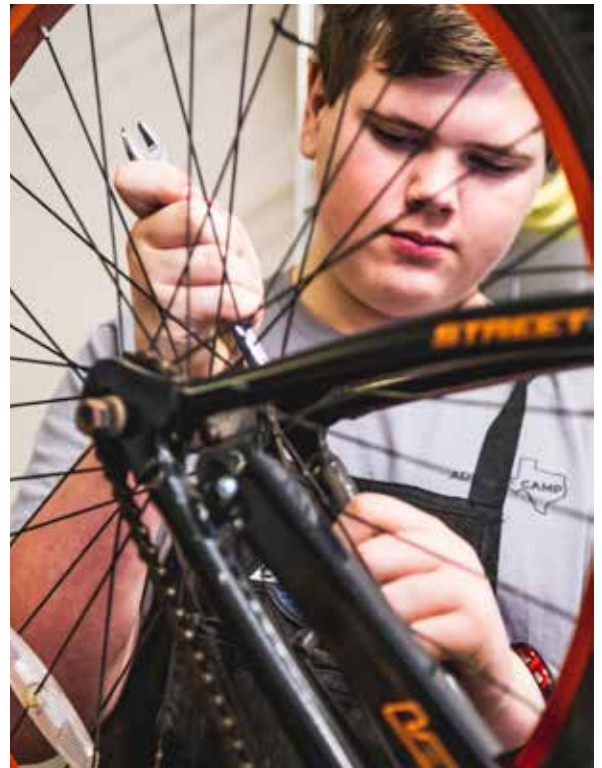
Advance Camp takes place one Saturday a month, concentrating on one set of skills each month. The young men in the program don't know what the topic will be until the week of the event. There is no cost to the participants. To make the training as practical as possible, the camps take place in real settings with professionals providing



DID YOU KNOW?

Advance Camp is a day camp held one Saturday every month for fatherless young men (ages 12-18) to come and learn practical skills that dad could have, would have, and should have taught him if he was involved in his life.







CHAD'S DESIRE IS TO CHANGE THE LIFE TRAJECTORY OF THESE YOUNG MEN BY STRENGTHENING THEIR SELF-ESTEEM AND TEACHING THEM USEFUL SKILLS, SOME OF WHICH COULD EVENTUALLY TRANSLATE TO A CAREER IN A TRADE.

the instruction. For example, bicycle repair takes place in a bicycle shop. The participants bring their own bikes to work on, or if they don't have one, they are given one to repair and keep, along with a set of tools.

One month's activity featured blacksmithing. The young men were able to learn from an expert blacksmith who has been featured on a cable television program. They were able to create their own projects in metal in the blacksmith shop. Another time, they learned cooking—cowboy style. They each learned to cook a full meal in a cast iron skillet and got to take the skillet home.

Chad's journey to Granbury began in Portland, Oregon, where he grew up. About four years ago, Chad connected with an Oregon camp operator who was primarily mentoring single mothers. There was a need to mentor the young men of the single moms as well. Chad mentored in the camp for several years when the camp operator asked him to take over the entire operation. He

did so for some time, but he eventually felt a longing to leave Oregon.

Last summer, Chad and his family headed out in their RV with no real plan but to eventually weave their way across the country to visit friends in Tampa. He hoped to maybe find a plot of land where they could start a lavender farm and longhorn ranch. They made it as far as Granbury when the RV developed mechanical problems that would take ten weeks to resolve. After a week or so in a hotel, they decided they should find a place to rent. It wasn't long before Chad realized they would not be leaving Granbury. He truly felt it was God's direction for him to establish a mentoring program in Granbury similar to the one in Oregon, which led to the founding of Advance Camp.

Chad has a heart as big as Texas when it comes to demonstrating his Christian faith through action. His mission is to build a foundation of practical knowledge in the young men in the program, but it is also about taking



those skills and using them to help others. He expresses that in the simple question “What are we doing to bless the community?” And he is doing plenty.

One camp day, the young men took the yard maintenance skills they had learned previously to help a single mom with no time to get her yard in place. The young men mowed, pruned shrubs, trimmed trees, mulched flower beds, and seeded her yard while she was at work. She arrived home in time to see the transformation and to express her gratitude for their hard work. This was an impactful moment for the young men, where they learned the importance and reward of helping others.

Chad has the curriculum for more than a year’s worth of camps already figured out. Upcoming camps will focus on boating, farming, leather working, rope making, survival training, vehicle maintenance, and even small business training.


Naturally, finding funds for a program like this is a challenge. Chad is connected with six or seven local churches and a number of businesses for financial support, but can always use more. His day job in outside sales equips him to know how to approach people he has never met. He describes himself as “annoyingly persistent”.

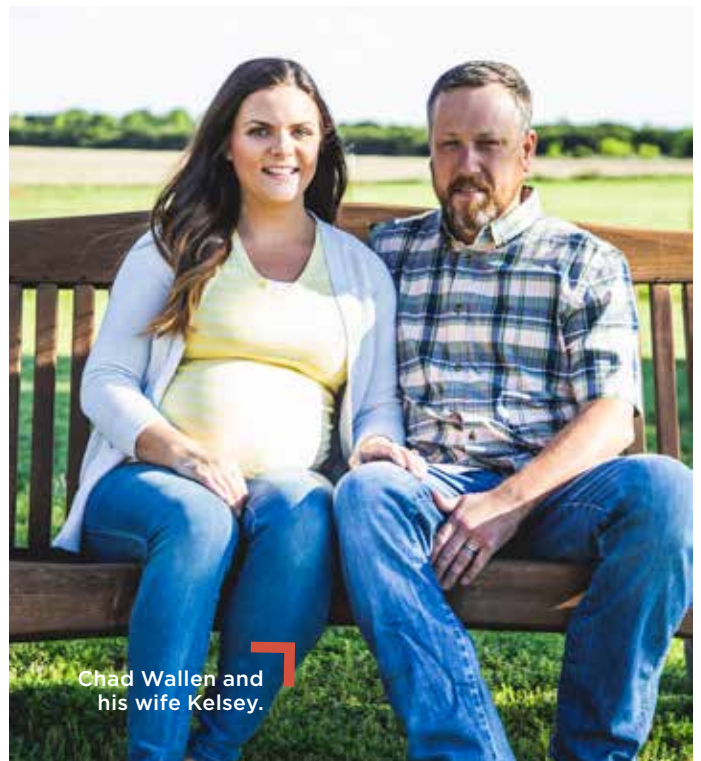


Some would say he has an infectious enthusiasm for what is obviously his passion. He often finds that people want to do more than what he is asking from them when they hear about his mission.

Finding mentors is another important aspect of Advance Camp. The mentors are carefully evaluated. Chad rarely works with referrals, preferring to observe and invite men to become mentors after he has gotten to know them well.

It's a two-way street, too. Some of the churches Chad works with have asked for his assistance in helping them network with other churches in practical ways. They say he is the "glue" helping to connect them all. He is also growing connections to other local charities in the area. Sometimes a business owner he has approached will tell his own backstory about growing up fatherless and will want to be involved.

Chad's hope is to be able to grow Advance Camp into a full-time ministry, but he knows that takes time. His wife Kelsey has always encouraged him to follow his dreams, like the lavender farm, and supports him even when he questions his own abilities. Given his enthusiasm and passion to change lives, the sky is the limit. 



Chad Wallen and his wife Kelsey.



BEST OF BUSINESS AWARDS
MARCH 1, 2019

Hosted by the Chamber of Commerce
 Lake Granbury Conference Center

Photos provided by Shad Ramsey

The Granbury Chamber of Commerce celebrates its Best of Business (BOB) Awards annually with a themed banquet and awards presentation. Not unlike a "People's Choice" award banquet, a jury of peers (Chamber members) nominate businesses and individuals that have set the standard of business excellence and exceptional community service. This year's theme was "The Big Easy." The night was a true celebration and included dinner catered by Hard Eight BBQ, a live and silent auction, as well as games and good cheer.

granburychamber.com







The Spirit of Texas

Words by [Jan Brand](#) | Photography by [Aaron Meeks](#)

Whether you're at a church social, civic group or on the Granbury square, you'll probably hear someone say, "I wasn't born in Texas, but I got here as soon as I could." I heard it when I interviewed Karen Nace, President of the Granbury Depot Museum.

When you talk with Karen, it's like opening an encyclopedia of everything that made Granbury the town it is today: the history, the people and the charm.

The depot is now the home of the Hood County Historical Genealogical Society, housing rich and colorful stories of Granbury's newly arrived settlers in the 1800s and beyond. The organization was created to preserve, maintain and educate people about Hood County.





The history of Granbury is preserved within the Granbury Depot Museum.

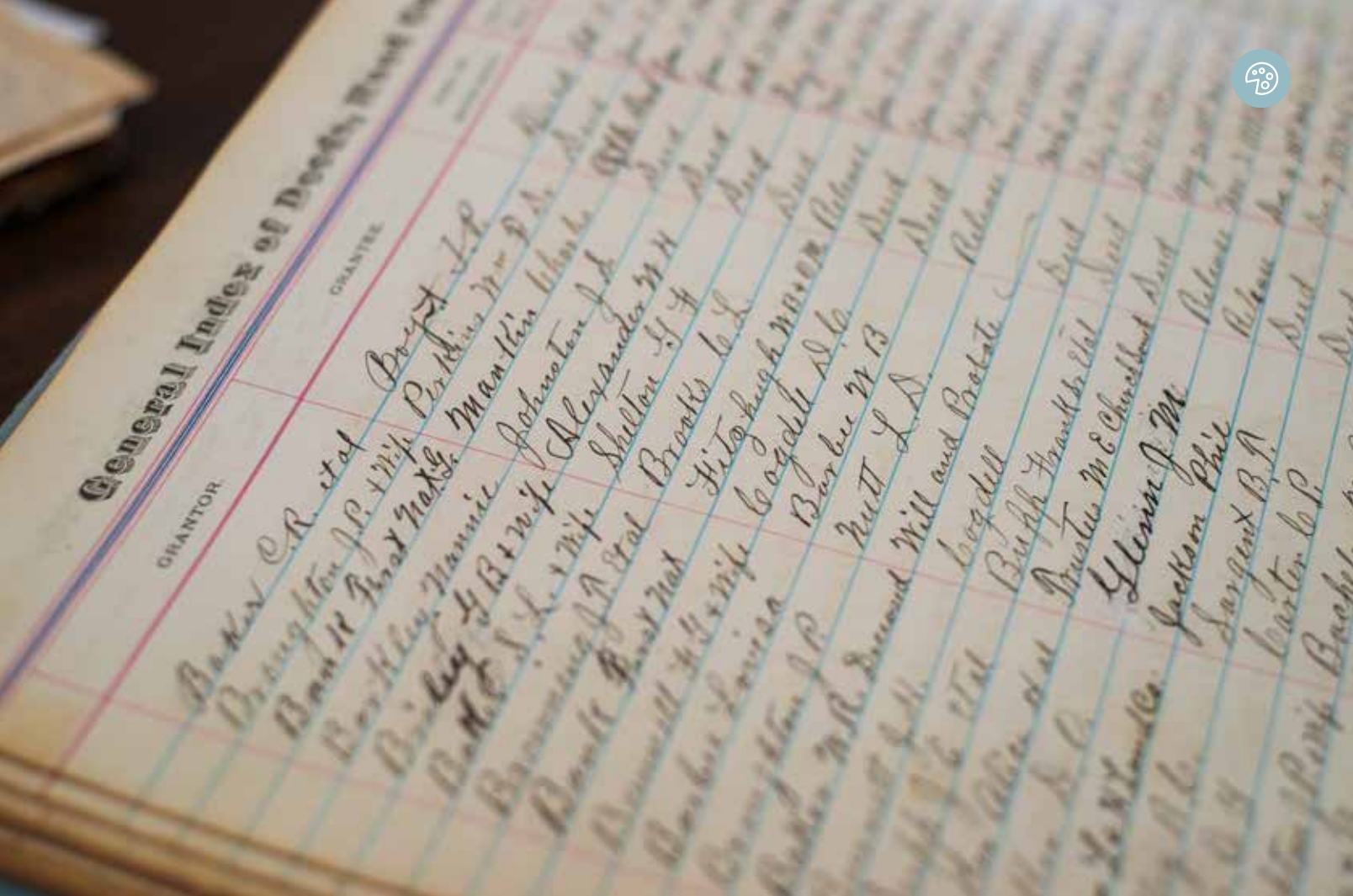


Local history is so important to the citizens of Granbury, you can't throw a rock in any direction and not hit a business or home with a historical marker on it. The Granbury Square was the first in Texas to have its own historical marker.

The Square was dying in the 1970s when a group, including local residents Randall Rash, Mary Kate Durham, Jeanell Morris and others, as third and fourth generation natives who loved Granbury and its history, formed the local historical society.

Texas isn't just real estate, it's an idea. We're proud. A little arrogant. And very independent. Pulitzer Prize winning poet and author, Carl Sandburg, said, "Texas is a blend of valor and swagger." Without the valor there may not have been a Texas, and without the swagger, we might not have attracted the men who had the valor to withstand the mighty Mexican army that could have changed our destiny.

During the Civil War, young men came from farms and villages all over the country to fight for one side or the other. After the war, they were eager to follow their dreams. Texas seemed to be the place that was most remembered—the one many who came from the North wanted to return



to after the war to start a new life. They felt the spirit of Texas that was soaked into the soil from the blood spilled at the Alamo and Goliad by men who fought to the death rather than surrender their freedom.

A hamlet of five hundred people on the Brazos River in Hood County attracted many of them. In 1866 the town was given the name Granbury, after the Civil War general who led the Granbury brigade to war.

From its earliest beginnings a sense of pride fueled the creative engine that gave us the colorful community we enjoy today.

In 1887 the Fort Worth Rio Grande Railroad came to Granbury, which guaranteed its growth. A river and a railroad were two essentials for a community's survival in the fast-expanding United States. All the railroad brought was a track. The local citizens raised twenty-five thousand dollars to construct a wooden depot. Now Granbury was a real town, with a train depot and ticket agent.

In 1912, the original depot burned, and a little red-brick building was built to replace it. After train service was suspended, in 1982 the depot was acquired to archive the story of the early settlers who were drawn to Granbury.

In 1887 the Fort Worth Rio Grande Railroad came to Granbury, which guaranteed its growth.





During the Reconstruction years after the Civil War, saloons dotted the square, making Granbury a town resembling those on the backlot of MGM Motion Picture Studios, with John Wayne pushing through batwing doors to get a cold beer after a long cattle drive. The town had earned a reputation that attracted the attention of the venerable Carrie Nation in the early 1900s, who dedicated her life to closing these dens of the devil. She helped the local ladies form the Christian Women's Temperance League, who successfully put the saloons out of business. Not all citizens appreciated their efforts.

Archived at the Depot is the history of one of those who moved here from the North. E.A. Hannaford was born in England and migrated to Illinois with his family as a child, where he was a pharmacist before the Civil War. He fought for the Union and spent time in Granbury. After the war he returned to Granbury and put up a tent, which was the first pharmacy in Hood County. He slept in the tent with his supplies. Later, he built a stone structure on the west side of the town square.

Hannaford left his mark on the community. He and four other men pooled their money to build the first

bridge across the Brazos River between Granbury and Waco. A strong advocate of education, Hannaford helped fund the building of twenty-nine of the thirty schools in Granbury. He also helped establish several churches.

His wife, Nettie Hannaford, like her husband, contributed to civic and cultural success. She was a founding member of the Women's Wednesday Club, and the Eastern Star.

Because of his contribution to the building of the town and its culture, even though Hannaford fought for the Union, upon his death in 1915, "... the Confederate Veterans Camp requested to be honorary pallbearers at his funeral. For four years they had been on opposite sides of the war, but in peace they had worked together for forty-four years. He was now a fallen comrade and deserved honor as a true Texas citizen and a real pioneer Texan" (Vance Maloney, Granbury Newspaper, November 1915).

The Depot carries on the tradition of those pioneers who initiated civic and community pride and goes beyond housing pictures and documents that tells Granbury history, the building also facilitates a national program








that helps seniors remain active. The museum works with Experience Works, whose motto is, “We help people age with dignity and purpose.”

Judy Parrish is in her seventies and was out of money. Her confidence was shattered from years out of the marketplace, her age and circumstance. Texas Workforce Commission referred her to the Experience Works program.

Judy was overwhelmed by the warm welcome she received at the Depot. Karen Nace helped her believe she could not just start over, but thrive, as she has. Judy is the docent and conducts the tours, does research and helps others who want to do their own. She keeps the obituaries current and scans records for posterity. She loves her new job. She found a reason to get out of bed every day and do something that would benefit others for generations to come.

The Depot lacked something to attract visitors and Judy came up with an idea for a design to be placed in front of the building. Rananda Poucher, another Experience Works participant, did the computer graphics on the design. John Campbell, owner of Diamond C Sand Blasting and Painting, cut the design and mounted it on the frame.

The pages of history have turned, and the pioneers are gone, but their memory lingers on in the little depot that helped grow a hamlet into a town. The spirit of Texas lives on in the lives of those who followed in the footsteps of the great men and women who came and laid good roots in this good Texas soil. 



The pages of history have turned, and the pioneers are gone, but their memory lingers on in the little depot that helped grow a hamlet into a town.



Class of 2019

Please join us in congratulating Granbury's 2019 graduates with prayers and well wishes for their future endeavors.

PHOTOS PROVIDED BY MISTI WHITE PHOTOGRAPHY



Aaron Lewis
Granbury High School



Shane Rudd
Granbury High School



Meghan Childers
Granbury High School





Bailey Thompson
Granbury High School



Cason Newman
Cornerstone Christian Academy



Makaul Barbaree
Granbury High School





MUSIC FOR KIDS

Words by **Jonathan Hooper** | Photography by **White Orchid Photography**



**BE AFRAID,
BUT DO IT
ANYWAY.**

Whether you are swinging a bat at your first T-Ball game, walking up the steps on your first day of school, auditioning for All-Region band, applying for a new job, or performing on The Voice, you will most certainly be afraid to put yourself out there into a situation where you will either fail or succeed.

Parents want their child to succeed as well, and are always looking at ways to improve the chance to win, from good ideas that include extra tutoring and exposure to culture, to bad ideas like the recent college admission scandals.



Studies can often prove whatever the author of those studies want to prove. Nonetheless, there is overwhelming evidence found in hundreds of studies that indicate the role that music can play in the development of children. For example:

- Learning music taps into multiple skill sets, such as integrating ears, eyes, muscles, and language.
- There are clear indications that musical training develops the part of the brain that processes language.
- Neuroscience research claims music increases neural activity, using more parts of the brain simultaneously.
- Current research has found that understanding music assists with the combining elements used in solving math problems.
- Music education has benefits in self-discipline, learning skills, managing performance, and being a part of a larger group.
- And of course, studying music also makes one better at music!

As seen above, music study for children is often bolstered by these studies that tout the extrinsic values gained from music study. But what about studying music for the sake of studying music? Does it have any intrinsic value? Aside from the life skills attained, is there a reason to simply be a better musician just to become a better musician? Does becoming more musical make you a better person?

Local Granbury music teacher Ashley Green of Green Pearl Studio has seen all of these research findings to be true. After years of working as a loan processor, she left banking to pursue her dreams. Now playing piano and leading worship at church, singing lead soprano in other churches, performing in every venue she can find, teaching voice at two schools, and working with more than 30 private students each week, with all ages and different kinds of students, and in all sorts of different situations and settings, Green cuts through the quagmire of these studies to simply say,

“I encourage the students, we set goals, they learn to perform music, and it makes them better people. I see it every day.”

With numerous opportunities locally to learn about music and to perform music, where does a parent begin? The temptation to make our children the very best we never were runs rampant in America. Overstepping good judgement to help our children be happy and fulfilled can lead to burnout and lifelong disinterest. We see it in youth sports, academic testing, religion, and we see it in the arts, from music to theatre. Likewise, we also see wonderfully nurturing parents who find equally nurturing programs for their children.

MUSICAL THEATRE, STAGE PARENTS, AND INSPIRATION

Locally, The Granbury Theatre Academy is a part of the historic Granbury Theatre Company. With age appropriate group classes ranging from first day beginner to fairly experience performer, the Academy offers classes in Theatre, Dance, and Music. Public performances of musical theatre productions geared toward children are an integral part of the program. Their stated purpose is to “inspire and develop local talent through its specialized arts repertoire and all-inclusive programming”. Recent productions have included Alice in Wonderland Jr., Lion King Jr., Winnie the Pooh KIDS, Disney’s The Little Mermaid Jr., and the Academy Showcase.





Upcoming productions will include Aladdin Jr., Munchkin Land Summer Camp, and Junie B. Jones The Musical Jr.

Green also teaches classes at the Granbury Theatre Academy, and often plays piano for both rehearsals and performances. Her Bachelor's and Master's degrees are in Vocal Performance, so piano is not her top instrument.

"I tell my students it is important to keep growing all the time, so here I am, playing piano in public! But I do enjoy piano, too. These days, a musician has to be flexible. Being busy is good too!"

During any given week during the summer months, nearly every local church in any town is presenting their annual Vacation Bible School, culminating in a full-blown production of an elaborate children's musical. Methodists attending

a Baptist VBS and vice versa? Not a problem! Odds are pretty good they may attend two or three VBS events in the summer.

During the school year, the Hood County Library offers a free "Music-In-Motion" class on Mondays, providing opportunities for singalongs,

integrated stories, and appropriate introduction of instruments. Attention: parents must attend with their child.

Farther abroad in the Metroplex, there are several one-week music and arts camps. These tend to be all day events with specialized instruction aimed at enhancing performance skills.

All over Texas, at nearly every college and university, Band and Choir camps are offered for middle school and high school students. These camps provide students similar opportunities

"I TELL MY STUDENTS IT IS IMPORTANT TO KEEP GROWING ALL THE TIME, SO HERE I AM, PLAYING PIANO IN PUBLIC!"



found in their local school bands, but often with a higher level of instruction and performance expectations. Since the students often will be working with college instructors, it is also a good way to check out a college for the future.

Private music lessons for nearly every instrument and voice are readily available throughout the county. Many are offered through churches, and in private studios like Green Pearl Studio, and The Dora Lee Langdon Cultural and Education Center. These private lessons are an excellent way to improve skills over the summer. Many offer additional instruction in music theory, and all will provide a final performance recital of some kind.

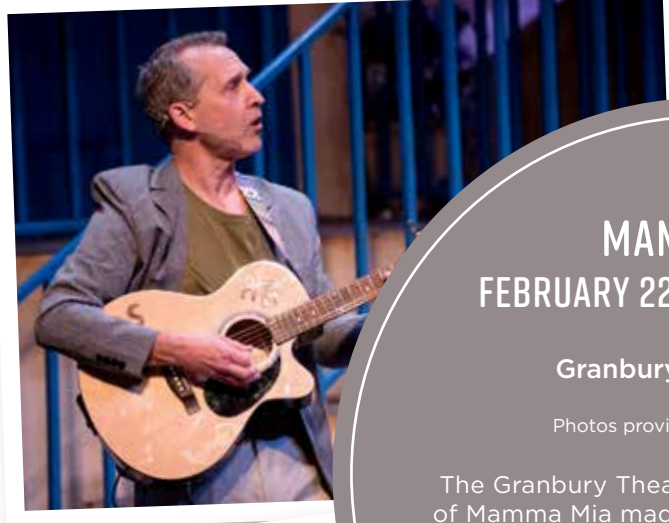
Audition coaching is a growing field as well. An audition coach can help with selection of music for any type of audition, from church solos to university scholarship auditions. The coach will assist with producing an accompaniment track, making a cut in the recording as needed for timed-limited auditions, and of course, help prepare the audition

itself. Having sat through hundreds of scholarship auditions, this writer can assure you that a well-prepared and appropriate audition can mean the difference of thousands of dollars in scholarships. Green adds her perspective on auditions:

“I tell the students that this is their journey, not someone else’s, so don’t compare yourself to them. Not getting the part doesn’t mean you are not good enough—you’re just not there yet.”

Too often we oversell music and how smart it will make our children. But there are benefits to being a musical person that we still do not completely understand. Maybe it makes your child happy and engaged. Perhaps their understanding of the world and how they can express themselves are enhanced. Most assuredly, it is not that Mozart will simply make them smarter. It could be that Mozart causes their horizons to be higher. What we do understand is that by doing it anyway, they will conquer their fears.

Smart will come later. And don’t forget to practice. 



MAMMA MIA FEBRUARY 22 - MARCH 24, 2019

Granbury Opera House

Photos provided by Shad Ramsey

The Granbury Theatre Company production of Mamma Mia made you want to get up and dance! Telling a story of family, friendship, and fabulous ABBA songs, the show was a hit with audiences selling out all 23 performances. If you missed this high energy production, you missed something great! To view a list of upcoming shows visit granburytheatrecompany.org









THAT'S A WRAP

Words by [Richard Allen](#) | Photography by [LP Taylor Photography](#)

VERONICA LOVATO IS AN ARTIST, AND LIKE MANY, SHE WRAPS HERSELF IN HER WORK, METAPHORICALLY.

She also wraps a number of other things in her work - literally.

Veronica, 42, is a wrap specialist for Greenfox Wraps. She takes something plain and makes it look as though someone spent a month painting it. However, while it is not

painted, the result is one of which of which Leonardo da Vinci himself would be proud.

"My brother was a mechanic and my dad was a carpenter. I just knew I was going to do something creative," Veronica said.

A wrap is exactly what the name implies. It is a wrapping of vinyl sheets as decals on an object. Advancements in plastics have led to new types of vinyl designed specifically for wraps, including sheets that feature bubble-preventing air channels.



Microscopic glass beads are used to prevent an adhesive from functioning until the user is ready. The beads allow the material to be repeatedly lifted and reapplied during the wrapping process, without compromising the longevity of the wrap. The vinyl is heated with a heat gun or torch for the purpose of molding the material around objects.

"There's something about a torch. The vinyl dances," Veronica said. "A lot of classes today are teaching to use a heat gun, but I always prefer a torch."

Wraps are often used in advertising, but not always. Veronica's own car, her prized Camaro named Sam ("The moment I drove that car off the lot, it came to me, her name is Sam," she said) has wraps and graphics featuring Marvel superheroes.

"You can put this stuff virtually on anything," she said. "If you want something wrapped, there's a vinyl that can do it. It's basically a big sticker."

Veronica also said that wrapping an object does

not deter its value. In fact, it conserves the value, she said.

"The minute you paint your car you're losing value," she said. "A wrap is temporary. If you change your mind, or want to make some changes, it's a lot easier to do."

"Also, a wrap is a protectant. A rock is going to hit the wrap instead of the paint. And while they are on, your paint is fully protected. When you take those off, it does look like your car got a new paint job because it's been preserved."

While cars might be the most popular items to wrap, many others are also fooling folks into thinking they are paint jobs. For

example, mascot logos on gymnasium floors.

"The newer gyms, I can probably guarantee it's vinyl," Veronica said. "Many decorations we see on floors, walls and buildings are actually wraps. Cowboys (AT&T) Stadium, American Airlines Center, that's pretty much all vinyl."

**"YOU CAN PUT THIS STUFF
VIRTUALLY ON ANYTHING,"
SHE SAID. "IF YOU WANT
SOMETHING WRAPPED, THERE'S
A VINYL THAT CAN DO IT. IT'S
BASICALLY A BIG STICKER."**





VERONICA TAKES ORDINARY BABY HELMETS AND TURNS THEM INTO SOMETHING SPECIAL. THIS IS FREE OF CHARGE AT GREENFOX WRAPS AS TIME AND RESOURCES ARE AVAILABLE.

"It makes a lot of sense. This takes about a day to install, but to paint it would take a month. Any detailed paint job like that is going to cost at least 10 grand, but you can get that same design on a print in five minutes, it takes a lot less time to apply, and you save so much time and money."

Veronica also creates designs on her computer using her originality and imagination.

"I normally don't like to get things off the internet. Then you're most using someone stuff," she said. "I love it when a customer gives me free range. The look on their faces when they come in to pick up their vehicle, that's why I do this."

Veronica's wrapped a lot of things since she got into the business 15 years ago. These include a helicopter, a casket, and even prosthetic legs with maps on them.

"If you knew the places this girl traveled, the things she's done, it would blow your mind," she said.

But Veronica's favorite items to wrap are baby helmets. Helmet therapy is a type of treatment prescribed for infants to help correct a baby's skull shape. They work by directing growth from the flat spot and must be worn during the time when the skull is actively growing.

Veronica takes ordinary baby helmets and turns them into something special. One might have a Dallas Cowboys star on it, another looks like a baseball with the Texas Rangers logo.

She started wrapping baby helmets while still working in Lubbock for Elite Sign and Design.

"Me and my boss started doing baby helmet wraps for free. I've had parents just cry," she said. "It makes it more of an accessory. It turns it into something cool."

In fact, Veronica said that is the cause dearest to her heart. While she loves all aspects of wrapping, if the day comes when she can do nothing but wrap baby helmets, she'll be thrilled.

"You can see the way her eyes light up when she talks about it. She wants to give back to the community," said Toby Stephens, her supervisor at Elite Sign and Design, along with being her partner on the project when she started.

"You get older siblings who get jealous. They say, 'Where's mine?' or 'Why can't I have one?' They really are cool."

Veronica first moved to the Metroplex five years ago to work for a nonprofit company that specializes in making baby helmets. Then, after a detour to Los Angeles for a





couple of months, she came back when Greenfox called.

"Over there it's nothing but Ferraris and Teslas, and they pay about the same, but the cost of living is so much more incredible out in L.A.," she said.

It was in Lubbock where Veronica discovered she has a talent for wrapping. She already had a passion for art, having attended the Art Institute of Phoenix, where she studied visual art and graphics. She also had a prerequisite in photography, in which she is also talented.

"I wanted to work in the movies. That was my goal," she said. "I took a picture of a girl with a scar. I edited the scar out and gave it to her. She said, 'I didn't know I could be that pretty.' I said, 'You are that pretty.'"


"I started off as a designer at the sign shop. Vehicles started coming in, and being the kind of person I am, I said, 'I want to go play with cars.' So I went to Plano for a class."

And though Veronica's only been with Greenfox since October, she's already made her share of fans locally.

"She's very professional. She's flawless," said Travis Robertson, owner of TX Plumbing in Stephenville. "I've had a lot of compliments on my trucks. It's definitely a work of art."

Veronica also prides herself on running all aspects of Greenfox Wraps. Not only does she install wraps, she designs them, runs production, sells them, and handles customer service.

"If you go to other shops, most of their designers don't install, and most of their installers can't design," she said. "I like doing it all."

"I'm very blessed. I can't imagine doing anything else. One of my favorite quotes is 'Take the risk and learn to fly.' I want to have memories from this life, not regrets. I also feel in some way I'm helping do that for others." 



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Wives of the Texas Heroes: Their Tragedies and Triumphs

By **Julia Crum** | Teacher: Mrs. Rebekah Bagley
Fourth Grade Texas History



We often learn about great heroes of the Texas Revolution and the names of famous men who helped fight for and win Texas' freedom, but we rarely hear about the women behind these great men, the wives who supported, encouraged, and cared for these historic heroes. To honor the contributions made by these great women of the Texas Revolution, let us look at the wives of James Bowie, David Crockett, and Sam Houston, the tragedies they endured and the triumphs they achieved.

James Bowie married Ursula de Veramendi, who was nineteen, when he was thirty-five. Before their marriage, he lied about his age saying he was thirty and a rich man with great land wealth, and he promised to pay Ursula 15,000 pesos (\$353,000 in today's money) in two years; unfortunately, she never received this money. Together they built a house in San Antonio, on land that her father gave them, but afterward they moved into the Veramendi Palace with her father and mother, and her parents gave them money to spend. They had two children, Marie Elve and James Veramendi. Sadly, Jim Bowie's wife, their two children, and her parents all died two years later in 1833 of cholera. Three years after this tragedy took his entire family, Jim Bowie went and served heroically at the Alamo where he fought to the end, dying on March 6, 1836.

David Crockett's married his first wife, Mary Finley, also known as "Polly" in 1806. They had two sons in a tiny two-room house. While living in eastern Tennessee, Polly made their clothes, and David hunted food, but they could barely pay rent, struggling to make it for six long years. So, the Crocketts decided to move 150 miles west of Knoxville, where David bought five acres of land. There they had a baby girl, also named Polly, but life in western Tennessee proved to be difficult too. During that time they lost their property, unable to continue paying for it, and they moved again, to Bear Creek

When the Creek Indian War started, David wanted to join the army, but his wife begged him not to go because they had young children, but no friends or family nearby. David decided to go anyway, and tragically, when David arrived home after the war, Polly became very ill and died at twenty-six, leaving behind their three young children.

David needed a new wife to care for his children, and Elizabeth Patton, a widow whose husband died in the Creek Indian War, lived nearby with her two children. She was practical and hardworking, and David and Elizabeth were married in 1815. A funny thing happened at their wedding, a pig walked into the house during the wedding ceremony, and David had to chase it out, saying, "From now on, I'll do the

grunting around here!”. Elizabeth became accustomed to David’s months-long hunting trips away from home, and as she could read and write, a rare ability for a pioneer woman, and she understood business and farming, helping build their mill business in Tennessee. Elizabeth was supportive and encouraged David in his run for U.S. Congress. Later in 1834, when David did not win re-election to Congress, he went to Texas where he fought bravely and was killed at the Alamo on March 6, 1836. Seventeen years later, Elizabeth and three of her children moved to Texas to land granted by the Texas government for her husband’s service at the Alamo. Still living on that land, Elizabeth died on January 31, 1860 in Acton, Texas. The state memorial at her gravesite shows a woman shading her eyes, looking westward for her husband’s return, a tribute to Elizabeth’s faithfulness and watchful care as a wife and pioneer.

Sam Houston’s first wife, Eliza Allen, married him in 1829, but their marriage ended quickly in separation, which made him very sad. In 1840, after his first term as President of the Republic of Texas, he met and married Margaret Lea of Alabama.

She was twenty-six years younger; some people thought they should not get married because of their age difference, but they were very happy together and eventually had eight children. Under her Christian influence, Sam Houston not only stopped drinking alcohol and using profanity, but also made a public profession of faith, was baptized, and joined

Margaret’s Baptist church. When Sam was elected to the Senate, he traveled back and forth between their home in Huntsville and Washington, D.C. for thirteen years, while Margaret cared for their children at home, exchanging letters with him. After Texas became a state, Houston was elected governor, and their family moved into the governor’s mansion in Austin, where they built eight bedrooms, one for each of their children. Later, because Sam could not agree with Texas’ vote to leave the Union and had to step down as governor, the family moved back to Huntsville and lived in a rented house shaped like a steamboat. In 1863, Sam Houston died of pneumonia there. Following his death, Margaret moved to Independence, Texas, where four years later she also died, of yellow fever. After her death, her older daughters took in and cared for the younger children she left behind. Margaret was the very first First Lady of Texas and was dearly loved by Sam Houston and her children.

Each of these stories tells us about strong women who served Texas greatly and loved the heroes whose stories we know so well. Learning about their tragedies and triumphs gives us a more complete picture of life during the Texas Revolution, Republic, and statehood. We owe a great debt of gratitude to these Texas heroines.

Sources: Wikipedia, https://en.wikipedia.org/wiki/James_Bowie, Hendricks, <http://www.granburrydepot.org/z/biog/elizabet.htm>, Wikipedia, https://en.wikipedia.org/wiki/Margaret_Lea_Houston



The Texas Heroes Foundation is a 501(c)3 organization with goals to educate and involve children in Texas history.



FIRST FRIDAYS AT BRANTLEY'S

March 1, 2019 | April 5, 2019

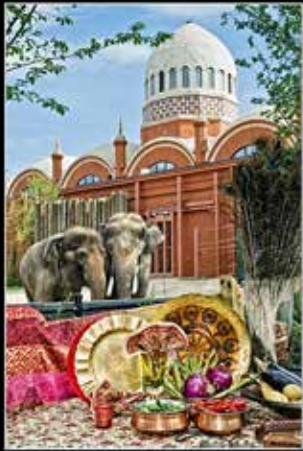
Photos provided by Lindsey Powell

First Fridays of the Month at Brantley's welcome the Granbury community to enjoy live music, food and family fun!! Enjoy the taco and nacho bar and keep the kids busy with movies and games. Share beautiful memories with family and new friends!

Cover charge without food is \$10 for adults (kids are free) If you buy a taco/nacho plate \$12 adults and \$5 for kids!! Brantley's is BYOB

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Shad Ramsey

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GRANBURY SOCCER ASSOCIATION

Words by **Richard Allen**

Photography by **LP Taylor Photography**

LESLEY WALKER
REMEMBERS WELL THE
MANY ENJOYABLE TIMES
SHE HAD PLAYING IN
THE GRANBURY SOCCER
ASSOCIATION AS A CHILD.

Now, she's enjoying watching her own son and a plethora of other youngsters experience the same joy in the GSA, of which she is now president.

"From the time I was 5 until I was about 15 I played. It was always fun," Lesley said, adding with a smile. "I grew up playing on the boys team."

Lesley's dad was a coach in the GSA when she played in the 1990s. The league has roots stretching back about four decades. Now, she is a coach herself, on two teams, a head coach on one (Under-13 Boys Dynamite) and an assistant on another (U-5 Co-Ed Crazy Monkeys) with her good friend and fellow GSA board member Rebecca Freeman.

"My dad was my coach, and now I coach my son (on the U-13 team). I'll still run into kids, now adults, who ask how my dad is doing," Lesley said. "We'll always be kids."

That philosophy is a big reason the GSA has withstood the test of time. First and foremost it is about having fun. In fact, the U-5 and U-6 levels don't even keep score and they don't have goalkeepers.



These levels are known to many as "herd ball." The name is derived from watching all the players run together, like a herd, toward a ball that one of them kicked down the field.

"I had to coach it for the first time in a while recently. I coach older kids mostly, so going down, it was nice," said GSA Coaching Director Lauren Wright.

"That's the best age," GSA Facilities Director Amon Veron said. "They're playing with bugs, looking around, when they're not chasing a ball."

But Amon said that while it may not always seem like it, the players at those ages are learning skills and tactics they will use as they grow older.

"My daughter is a perfect example. The first year she clung to my leg and didn't know a lot about what to do, but then she worked at it and got better," he said. "Now, she's a really good player. Whether you think they're learning something or not, they're picking it up."

"I tell my players every night to just kick the ball around, get a feel for it. That's true, no matter what age you are or how much you play. You can't become too familiar with the ball."

Rebecca added, "A lot of them, they watch their older siblings and they admire them - and they are paying attention and learning."

Amon coaches his daughter, Maci, on the U-9 Girls Pink Panthers. It's common for parents to coach their own children, not only in the GSA, but in many youth sports. Rebecca coaches her two sons, being an assistant on Braxton's U-9 Boys Cobras and the head coach of the aforementioned U-5 Co-Ed Crazy Monkeys with Braydon.

In fact, the GSA prides itself on its strong family connections. Many players today have parents, like Lesley, who played themselves, and there are siblings, cousins, etc. who have come through or are currently in



Many players today have parents, like Lesley, who played themselves, and there are siblings, cousins, etc. who have come through or are currently in the league.

the league, which has almost 500 players for every season.

The league plays two seasons every year. The spring season is March through May, and the fall season is August through November. The younger teams play against each other and every player gets a trophy at season's end, while the U-9 and above are more competitive and travel to face teams from other towns such as Stephenville, Weatherford, Mineral Wells and Burleson.

But competition never takes precedence over everyone enjoying themselves. The league has a rule that all players at all levels must play at least half of every game.

"We don't have any benchwarmers," Rebecca said.

"You want that competitive drive, and you want them to want to succeed, but there's no 'win at all

costs' attitude," Amon said.

"This is rec soccer. We don't run up the score, ever," Lesley said.

Every season, at the final practice, teams in the league hold a parents vs. kids scrimmage. It's a very popular event.

"Those were the best times growing up," Lesley said. "My dad used to do that with his team, and it was so much fun."

The league is also loyal to its own. Logan Finker Field is named after the late official who was killed in an automobile accident. Their current fields, the Brady Brown Complex in Thorp Spring, is named after a former player who died in a car crash at age 17 in 1999.

And the John Oubre Jr. Memorial Soccer Tournament is named after a former player who was also killed in a car wreck in 1997 at age 17. It is



one of two major tournaments they host each year, the other being the Lake Granbury Spring Classic. Both serve as the lone fundraisers the league has annually.

"Those are ways to say we miss them and we will always remember them," Lesley said. "And the tournaments have been great for us and the city. They bring teams and a lot of families to town, who in turn spend money eating here, staying in the hotels, buying gas and shopping here. Each tournament has over 100 teams."

While being a rec league, the GSA has had several players go on to play for Granbury High, which has over the years had one of the top high school soccer programs in North Texas. The Pirates, in fact, won the school's lone team state championship in sports, capturing the 4A state title in 1999.

"If they want to play high school or college, competitive is certainly a way to go, but competitive can cost up to \$2,000 per year," Lesley said. "We've had several go on to play in high school, and some of our refs (in the GSA) are high school players."

Amon added, "I've got a few I could see playing in college if they keep it up and keep progressing."

The league annually hands out a pair of scholarships to a senior boy and girl to help them attend college, each being \$500.

The cost of playing in the GSA is a uniform that can be used in more than one season, socks, and shoes, mostly. And players in the U-5 level even get a free soccer ball.


Another popular part of the league is the GSA allows players to continue playing on the same team as they grow older. For example, if players were on the same U-8 squad, they'd likely be on the same U-9 team as they advance to that level.

"I've had the same group of kids for seven years. Kids learn to work together and grow together. They go to each other's houses, have birthday parties together," Lesley said.

"I've got a girl on my team who technically could play U-8, but she wants to play with her friends, so she keeps playing up," Amon said. "Her mom signs a waiver."

Whether it's players, parents or coaches, the bottom line is folks in the GSA have been having a great time for a long time.

"We have coaches who have as much fun as the kids," Amon said.

"Without the board members and the volunteers, the Association wouldn't last," Rebecca said. "And we do not get paid a dime for what we do. It's hard work, but we all do it because we love it. And that's why we keep coming back." 



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OF *Joy*



1. Charlotte Albertson | Parents: Chris & Ashley Albertson
2. Aspen Jones | Parents: Ben & Andrea Jones
3. Christian Blevins | Parents: Jeremy & Yeny Blevings
4. Diana Medina | Parents: Meagan Landry
5. Vayda Cook | Parents: Brett & Dala Cook

6. Carter Brown | Parents: Austin & Lacey Brown
7. Kodee Harris | Parents: Cody & Tori Harris
8. Addy Caulder | Parents: Aaron & Aly Caulder
9. Shelby Singleton | Parents: Cameron & Emily Singleton
10. John Harvey | Parents: Justin & Raven Harvey

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8



BUILDING A LEGACY

Words by [Emily Taylor](#) | Photography by [Killingsworth Photography](#)

AN IN-DEPTH LOOK AT THE TEXAS STATE FAIR THROUGH THE EYES AND EXPERIENCES OF RECENTLY RETIRED SENIOR VICE PRESIDENT, CAREY RISINGER.



In an ever-changing world of shifting trends and vulnerable values, it is encouraging to know that there are pieces of our history and culture that have been and continue to be diligently preserved for future generations to appreciate. One such institution is the State Fair of Texas in Dallas at Fair Park. The Fair has been an integral part of the cultural landscape of Texas for over 130 years and captures many of the values the Lone Star state is proud to represent.

On January 30, 1886, an ambitious group of Dallas businessmen chartered what began as

the Dallas State Fair and Exposition and would later become the Texas State Fair. It boasted excellent racing stock, cattle sales, concerts, balloon, contests, and farm machinery as well as the appearances of many notable figures in the early days, garnering the attendance of thousands of people. When its primary source of income – gambling on horse races – was banned in 1903, the city of Dallas sought to preserve this community asset and purchased the property under the agreement that a period each fall would be dedicated to the exposition.



Former Senior Vice President of Food and Retail, Carey Risinger, and his wife have retired to Lake Granbury.



The Fair experienced immense success in the early 1900s and even contributed to the war effort during World War I when it was converted into a temporary army encampment. The 1920s also saw exciting developments in the attractions of the Fair; the Music Hall was erected in 1925, and the Red River Shootout (Rivalry) was established as an annual event in 1929. Fair Park Stadium, later renamed the Cotton Bowl, was constructed one year later in 1930.

The Fair was inactive during 1942-1945, but following World War II, it surpassed its precedents of production and popularity under the leadership of R.L. Thornton. During the 1950s, the international livestock show was added and the beloved Big Tex, a 52-foot cowboy figure, first appeared at the center of the grounds.

Since 1960, the expositions have been oriented around a different theme each year. Other historical highlights include the designation of Fair Park as a historic landmark in 1986, prompting a 31-day celebration of the Texas Sesquicentennial and the

Fair's 100th anniversary.

"The State Fair of Texas celebrates all things Texan by promoting agriculture, education, and community involvement through quality entertainment in a family-friendly environment."

How do we know? Carey Risinger, recently retired Senior Vice President of Food and Retail at the Fair, can elaborate.

His journey in the "business of fun" began at a young age. Risinger, otherwise known as "CD", became impassioned for the amusement business when he was only 10 years old during a family vacation to Disneyland. At 16, Risinger was first hired as a busboy at Six Flags. His ambition carried him through the ranks and eventually he was promoted to Corporate Director of Food Services over all six parks.

He reflected, "I loved it...it never was a job to me. I couldn't wait to get to work every day and didn't want to leave." Although he thoroughly enjoyed his work, he recalls some difficult life lessons.



As a football player and working as a busboy at Six Flags, Risinger remembers feeling humbled that he was working in food production, wishing that he had one of the more “glamorous” jobs at the Park instead. He told his father, “I think I want to try to get into another department. My dad said, ‘Son, you’re learning the business’ and he was right...I was learning the basic formulas to succeed in the industry.” Risinger describes feeling that it clicked then and there for him; these experiences would benefit his future.

After leaving Six Flags, Risinger embarked on various entrepreneurial ventures in the food and entertainment industry, opening several restaurants, one with a live music venue.

He reminisces on this chapter of his life: “Pretty much had the most fun I’ve ever had in this business, although it is the hardest way to make a living.”

Risinger transitioned from the restaurant business to food product marketing, and was eventually asked to return to Six Flags as food director for all the parks, which numbered 34 at the time, including several in Europe, Mexico, and Canada. And when the amusement business declined after 9/11; Risinger returned to his previous partnership, producing and marketing a new line of beverages for the next few years.

Risinger began producing the Wine Garden at the Texas State Fair during Errol McKoy’s tenure as President. McKoy, Risinger’s boss when he was the Corporate Food Director at Six Flags, is according to Risinger, his life mentor. Risinger was asked to come back to the amusement business and joined the staff of the State Fair in 2010 as Senior Vice President of Food and Retail.

It is not difficult to see why the Fair garners extraordinary interest and participation. Usually beginning on the last Friday in September and ending 24 days later, the Fair provides many opportunities in agriculture, education, and entertainment, for a wide range of ages.

Primarily, however, Risinger describes the Fair as an eating event. With over 200 food and beverage locations, it offers a variety of delicious choices. Fletcher’s Corn Dogs are the signature item, but every year, the Big Tex Choice Awards contest between the concessionaires generates many new, “wacky” food products, which include predominantly fried creations – fried Jell-O, fried bubble gum, fried beer, even cotton candy tacos.

Risinger affirms the intrinsic appeal of the Fair – “You come out for the day, leave your diet at home and just have a wacky, fun time and that’s really what the fair is all about.”



DURING THE 1950S, THE INTERNATIONAL LIVESTOCK SHOW WAS ADDED AND THE BELOVED BIG TEX, A 52-FOOT COWBOY FIGURE, FIRST APPEARED AT THE CENTER OF THE GROUNDS.





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Risinger indicated that the Food and Beverage department coordinated the concessionaire group. As 78 concessionaires run all the locations, one has to leave before anyone new can be admitted. There would be only one opening most years, sometimes none, and usually 150 applicants. A candidate is chosen based on their menu and location at the Fair. Regarding the admittance of new concessionaires, Risinger asserts, “The fair is 130 years old...many people have been there 25, 30, 40 years.”

In addition to exciting college football at the historic Cotton Bowl Stadium, visitors can enjoy the Texas Auto Show. It showcases the hottest new rides on the market and offers interactive experiences alongside live entertainment. As well, there’s a myriad of thrills with the rides and games of Midway and agricultural exhibits that include student opportunities for talent and leadership. The creative arts building features native arts, crafts, culinary creations, and performing arts.

True to its mission statement, the Fair promotes education through supporting the students of Texas through the Big Tex Scholarship Program. Since 1992, the program has awarded scholarships to more than 2,000 students.

One might ask, what happens at the Fair the other 342 days of the year? Risinger responds, “That’s our busiest time. It’s like a 10,000-piece jigsaw puzzle. The

first thing you do is put the border in, then the next row...putting that puzzle together is what really keeps us busy...When the fair opens up, you’re just policing what you’ve done.” Renewing the contracts of the exhibitors and concessionaires, choosing a theme, and sorting through new applications occupies the staff’s time during downtime.

Risinger is optimistic about the future of the Fair. He indicated that a positive change he witnessed during his tenure as Vice President was the media exposure and successful marketing of the Fair.

Errol McKoy transformed the Fair from filthy, unsafe and unprofitable to an immaculate, profitable, self-sufficient organization that did not rely on state subsidies to survive. Additionally, McKoy’s successor brought in a marketing director that transformed the level of exposure of the Fair during the off-season. For example, the Fair initially had zero social media presence; now it boasts a million followers on Facebook. “It’s time for the new generation to take over the Fair and take it to another level, and they’re doing a very good job of that,” he stated proudly.

The historical significance protects and preserves the legacy of the Texas State Fair. Carried through the years by its dependable leadership who were careful to guard the mission of the Fair despite many challenges, it will no doubt continue to endear Texans for many years to come. ¹⁶¹

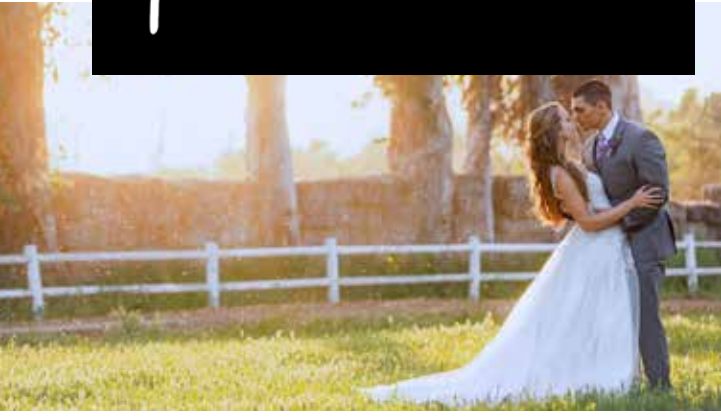
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Summer Recipes

Words and Recipes by **Carly Terrell**
Photography provided by **Shad Ramsey Photography**

Memories made during the summer are simply some of the best. Everyone has tales of the time their dad caught the biggest fish in the lake, when their silly cousin accidentally lit off all the fireworks early, or maybe their first kiss was at summer camp. These recollections are endless. During our normal daily lives, we move so fast and there is no rewind or replay. These extra-long summer days are now here to tell you to slow down and enjoy every moment. So, I say let the kids have (breakfast) popsicles when they wake up! Enjoy a late-night summer movie marathon, with your giant bowl of Dr. Pepper Pop-corn! Live joyfully, relish the summer and make a few more good ones for the ol' memory book!



Meet Carly Terrell

Born in Nebraska and raised in Arizona, Carly Terrell, now a Granbury resident, has been honing her cooking skills since she was a young child. Given her changes of scenery along the way, she has certainly picked up a thing or two! Carly is also the proud wife of a railroad engineer and mother of two young boys, who keep her quite busy. In her downtime of the hectic railroad life, she has put her foodie efforts into her successful cooking blog of family loved recipes. She has been fortunate enough to have been featured in Taste of Home magazine, Good Housekeeping, Readers Digest and on ABC's The Chew... but always has plans for more!



Breakfast Pops

INGREDIENTS:

- 1-1/2 cups vanilla Greek yogurt
- 1/2 cup milk (i.e. 2%, vanilla almond milk, etc)
- 1 tsp honey
- Add-ins: your child's favorite cereal, fresh fruit, granola

DIRECTIONS:

In a blender, mix the yogurt, milk and honey together.

To your popsicle molds, add a few pieces of cereal, fruit or granola and then pour in a bit of the yogurt mixture.

Repeat in layers until the molds are filled evenly.

Place a wooden popsicle stick into the top of each mold and place in the freezer for at least 5 hours to overnight.

Run the popsicle mold under warm water for a few minutes until they come loose for you to enjoy.



Dr. Pepper Popcorn

INGREDIENTS:

- 2 microwave bags plain popcorn, popped
- 3/4 cup butter
- 1 cup light brown sugar, packed
- 1/2 cup Dr. Pepper
- 1/4 cup light corn syrup
- Pinch of salt

DIRECTIONS:

Preheat the oven to 300 degrees. In a medium sized saucepan, melt together the butter, brown sugar, Dr. Pepper and corn syrup until it comes to a boil. Allow it to boil for about 4 minutes and don't stir. Pour over the popcorn and toss to evenly coat. Transfer to a parchment paper lined baking sheet and bake for 20-25 minutes. Cool and enjoy!



Halibut Ceviche Veracruz

INGREDIENTS:

- 10oz halibut, cut into 1" cubes
- 1/2 cup of fresh lime juice
- 2 firm, ripe tomatoes, diced
- 1 serrano pepper, seeded and diced
- 1/3 cup fresh cilantro, chopped
- 1 large avocado, chopped
- 12 Manzanilla (green) olives, pitted and halved
- 1 Tbsp capers
- Kosher salt & pepper

DIRECTIONS:

In a medium glass bowl, add the cubed halibut and pour the lime juice overtop, making sure all the fish is covered. Plastic wrap the bowl and place in your refrigerator for 2-3 hours, until the fish is opaque and firm.

Drain and pat dry your fish with a paper towel and place back in the bowl. To that, add in the diced tomatoes, serrano, cilantro and a hefty pinch of salt and pepper. Stir to combine and place back in the refrigerator, covered again, for at least 2 hours/up to 12 hours.

When ready to serve, add in the chopped avocado, green olives and capers. Serve immediately with corn tortilla chips.

Red, White & Bleu Potato Salad

INGREDIENTS:

- 3 lbs potatoes (I prefer red or baby purple potato medley for the colors)
- 1 package bacon, cooked and crumbled (keep the grease)
- 1/4 cup red onion, chopped
- 1/3 cup green onion, sliced
- 2-3oz bleu cheese crumbles
- 3/4 cup sour cream
- 3/4 cup mayonnaise
- 2 Tbsp apple cider vinegar
- Kosher salt and pepper

DIRECTIONS:

Cut each rinsed potato into rough 1" chunks and add to a large stockpot of salted water, bring to a boil until they are fork tender. Meanwhile, crisp up the bacon, then transfer to a paper towel lined plate while reserving the bacon grease.

Drain the boiled potatoes and add to a large bowl. While still hot, pour over the reserved bacon grease along with the cooked, crumbled bacon.

In a separate bowl, whisk together the bleu cheese, sour cream, mayonnaise, apple cider vinegar and the red and green onions. Salt and pepper to taste. Pour over the potatoes and toss to coat. Top with any extra bacon and green onions.





Peach, Basil and Goat Cheese Pizza

INGREDIENTS:

- Refrigerated pizza crust (i.e. Pillsbury's BEST Classic Crust)
- 2 Tbsp olive oil
- 1-2 fresh peaches, pitted and sliced
- 4oz goat cheese
- 1/3 cup fresh basil, chopped
- Balsamic Glaze (NOT to be confused for balsamic vinegar)

DIRECTIONS:

Preheat your oven to 400 degrees. Unroll your dough, place on a baking sheet or pizza stone and drizzle with olive oil. Bake for 10 minutes.*

Remove the par-cooked dough and add on the peach slices and crumble the goat cheese ovetop, place back in the oven for another 10-12 minutes or until the crust is a golden brown.

Remove and immediately sprinkle on the fresh basil and drizzle with the balsamic glaze.

*Bake dough according to your recipe or store-bought package directions. Remove halfway through, add toppings and finish baking. Dusting cornmeal under the dough before baking yields a great crunch!



NUTRITION: FACTS & FICTION

Words by **Lindsey Powell**



NU·TRI·TION

NOUN: THE PROCESS OF PROVIDING OR OBTAINING THE FOOD NECESSARY FOR HEALTH AND GROWTH.

The most common question I am asked as a personal trainer is... "What can I do for this?" As the individual points to their mid-section. I always answer with a question of my own... "What is your diet like?"

Diet plans... Nutrition... What should I be eating and why? We all have the same questions, but as a trainer sometimes having an honest discussion can be tough. With so many diet plans, weight-loss supplements, and social media "success stories", it can be hard trying to change someone's mind and more often than not just leads to a frustrating stalemate. So I have held off on writing about this topic for that, but now it is time to apply some common sense to your diet.

I am going to come out and say it, it's like ripping off a Band-Aid. You have to make a change, you have to commit! However, make sure it's a healthy, long-term,

change and if you are currently following some fad diet STOP! Unfortunately for those that bought in... this includes most multi-level marketing "nutritional plans and supplements"... and YES that especially includes Keto!

In my experience, unless you have an underlying medical condition that requires it, there really is no point to restricting your diet in crazy ways and it rarely gets you what you want. And while, yes, some restriction diets can be useful in short cycles for specific goals, like most things, over an extended period of time they can have serious unintended consequences.

The Keto Diet is by far the most popular. While it can be effective in short cycles, putting your body into a prolonged state of "ketosis" IS NOT a healthy way to lose weight! From reducing your metabolic rate, decreased brain function, and even the onset of "Keto Flu" as the number of studies increase, so do the list of side effects. And that's only in the short term! Recent studies have shown that prolonged ketosis can be extremely harmful to organs causing an increased risk of AFib, Acute Pancreatitis, Digestive Dysfunction, and Arteriosclerosis.



Photo by A+C Photography

ABOUT LINDSEY

In short, I am a 32 year old mother of two, a hometown girl, and an absolute fitness junkie with a passion for helping others reach their health and fitness goals.

I am a Nationally Certified Yoga Instructor through Yoga Fit. I have five years of group and individual instruction experience, with a focus on rehabilitation and weight loss. I am also a Nationally Certified Personal Trainer and Group Exercise Instructor through ISSA and the YMCA, with extensive experience in program design, strength training, weight loss, and healthy aging. Professionally, I have trained with multiple gyms and private training studios, and currently train and instruct at the Hood County YMCA.

As stated above, I am the mother of two wonderful children with my high school sweetheart, husband of 13 years, and fellow fitness enthusiast, Michael Powell. We have an 11 year old son and a five year old daughter that keep us very active. I am also a Granbury High School graduate (Class of 2004... Go Pirates!), the former Mrs. Fit Texas, and the current Mrs. Granbury.

Why should you listen to anything that I have to say? Okay, so I know what you're thinking... "Great, another skinny chick that's never had to struggle with diet or weight a day in her life is going to tell me how easy it is to be fit!". Well, before you stop reading, let me tell you about my struggles and my fitness journey.



DI·ET

NOUN

1. THE KINDS OF FOOD THAT A PERSON, ANIMAL, OR COMMUNITY HABITUALLY EATS.

"A VEGETARIAN DIET"

2. A SPECIAL COURSE OF FOOD TO WHICH ONE RESTRICTS ONESELF, EITHER TO LOSE WEIGHT OR FOR MEDICAL REASONS

Intermittent Fasting is another technique running wild right now that people will tell you can “jump start” your metabolism and improve organ function, but again, while it can be helpful in the short term, long term adherence can lead to some unexpected results.

What actually happens to your body while you are restricting it of the key nutrients it needs to function properly? Essentially your body begins to slow down and shut down. When done too often or for too long you put yourself in a metabolic state where your body will naturally start storing fat and feeding on your muscle as a source of energy.

That’s why when people begin to add normal amounts of food back into their diet after prolonged fasting, they often end up gaining even more weight than they had before the fasting began.

I cannot stress enough that losing weight takes time. THERE IS NO SUCH THING AS A QUICK FIX!

When it comes to choosing the right food to eat just ask “Is this healthy?” and “Is this the right portion size?”

It is easy to be steered down the wrong path. The amount of varied information you can find online along with personal ideologies on top of success stories can be extremely confusing.

I am here to tell you that I have a success story of my own and it did not include a fad diet, or fasting, or buying weight loss products. It took hard work and dedication. Yes I restricted certain foods out of my own particular diet. Those foods were all processed and filled with sugar. What I did not do is restrict myself of healthy food at any point. You must eat!

7 years ago I weighed slightly over 200lbs and was wearing a size 16-18. If you have been following along since my very first article you will know that my journey started with Yoga. Once I started to lose a few pounds just by being active I knew I wasn’t a lost cause. There was still hope! But how?

Learning what foods I needed to eat to meet my weight loss goals and having to force myself to eat the necessary meals filled with broccoli and quinoa and fish was not easy at all. I HATED VEGETABLES!

BUT, my goal was too important to me to give up now. I had a taste of weight loss and now I wanted to go all the way.

Following a macronutrient plan not only sped this process up but it also helped me sustain my healthy lifestyle in the years that have followed.

So, what is considered a healthy diet?

Your diet should consist of the recommended daily dose of protein, vegetables, fruits and grains. The YMCA uses this website www.choosemyplate.gov to share with people seeking nutritional guidance.

Is this enough to maintain a healthy lifestyle? YES!

However, you are not going to be the same as me. We are all our very own science experiments. Which leads us into the world of Macronutrients.

MAC·RO·NU·TRI·ENT

NOUN

A TYPE OF FOOD (E.G. FAT, PROTEIN, CARBOHYDRATE) REQUIRED IN LARGE AMOUNTS IN THE DIET.

Following your macronutrients or “macros” can help speed up the process of hitting your goal. As I said before, we are all our own science experiment. With the use of your own biological data (weight, age, height etc.) you can pinpoint how much of these nutrients you should be consuming daily. It is important to track your daily caloric intake also, but your numbers will change daily based on your level of physical activity. This is why following macros is vital.

You can utilize macros for weight loss, weight gain, sports performance and body building. I do recommend seeking out professional help by using a Personal Trainer and or Nutritionist if you are interested in following a macro-based nutritional plan.





MEAL PREP *VERB*

I. THE SECRET TO SUCCESS!

MEAL PREP

VERB

1. THE SECRET TO SUCCESS!

While we all know it can be a tedious task, I cannot recommend meal prepping highly enough. For my family it is the only proven defense to the fast food lunches or dinners while we're rushing through our days. It has been one of the biggest reasons I was able to lose weight, and more importantly, keep the weight off. But as anyone who has tried it before can tell you it takes commitment and planning to be successful. My husband and I have been prepping our meals now for over 6 years and through the literal hundreds of prep days we have learned a few things, so before you get started take a moment and game plan first.

First, decide how you want to prep. You can take one of two basic approaches here, cook all of your meals all at once or cook every few nights and simply make extra portions. This seems like a common sense enough question to ask but there are a lot of factors from freezer space and kitchen size, to simply when you have time that you need to consider.

We are lucky enough to have a good sized kitchen with freezer space but what we don't have is time to cook during the week. So for us, cooking all of our meals all at once is our best option... so around the Powell house Friday is Prep Day. We pick a few options and make

enough meals to get us through the week of lunches and dinners. It allows us to control our portions, our macro nutrient goals, and plan out the number of times we eat through the day. One downside however is that you will inevitably end up eating the same meals repeatedly. For us though, that's not something we mind. We pick 4-5 meals and simply rotate them through the week. Some studies have even shown that your body actually functions more efficiently when it is used to digesting similar meals repeatedly. But don't forget that this will take dedicating on average a half a day of kitchen and grocery store time so plan ahead and stay committed!

The second option is to cook nightly and simply make additional servings. This gives you more freedom and variety in what you want to eat and can make it easier to store or prep food if you're limited on space. Where this method falls short though is in its time requirements. If something comes up and you don't have the time to cook a large dinner you're now eating out for the next few meals. It also requires frequent trips to the store, again another task requiring time.

Whichever you choose, the bottom line is get started now! Find some healthy meals that sound good to you and simply control your portions. In the end weight loss is just one big math problem and if I'm taking out more calories than I'm putting in then I WILL lose weight. Just remember, it takes time... there are no shortcuts... so commit yourself to hitting your goals and start your transformation journey!



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Camps available for football, soccer, volleyball, and basketball.

For additional information on dates and pricing please visit ymcafw.org/hoodcounty

DAY CAMP AT THE Y

Make this summer the BEST SUMMER EVER with Day Camp at the YMCA! Day camp provides campers with theme-based activities that teach YMCA core values. Campers also enjoy weekly off-site field trips! We hope to see you this summer!

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Camp Ohana ages 6-12

Pricing: Member \$125/Week Non-Member \$145/Week



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CONFERENCE ROOM



A decorative border in the top-left corner of the page features fresh produce, including a green bell pepper, several red chili peppers, and a portion of a yellow corn cob.

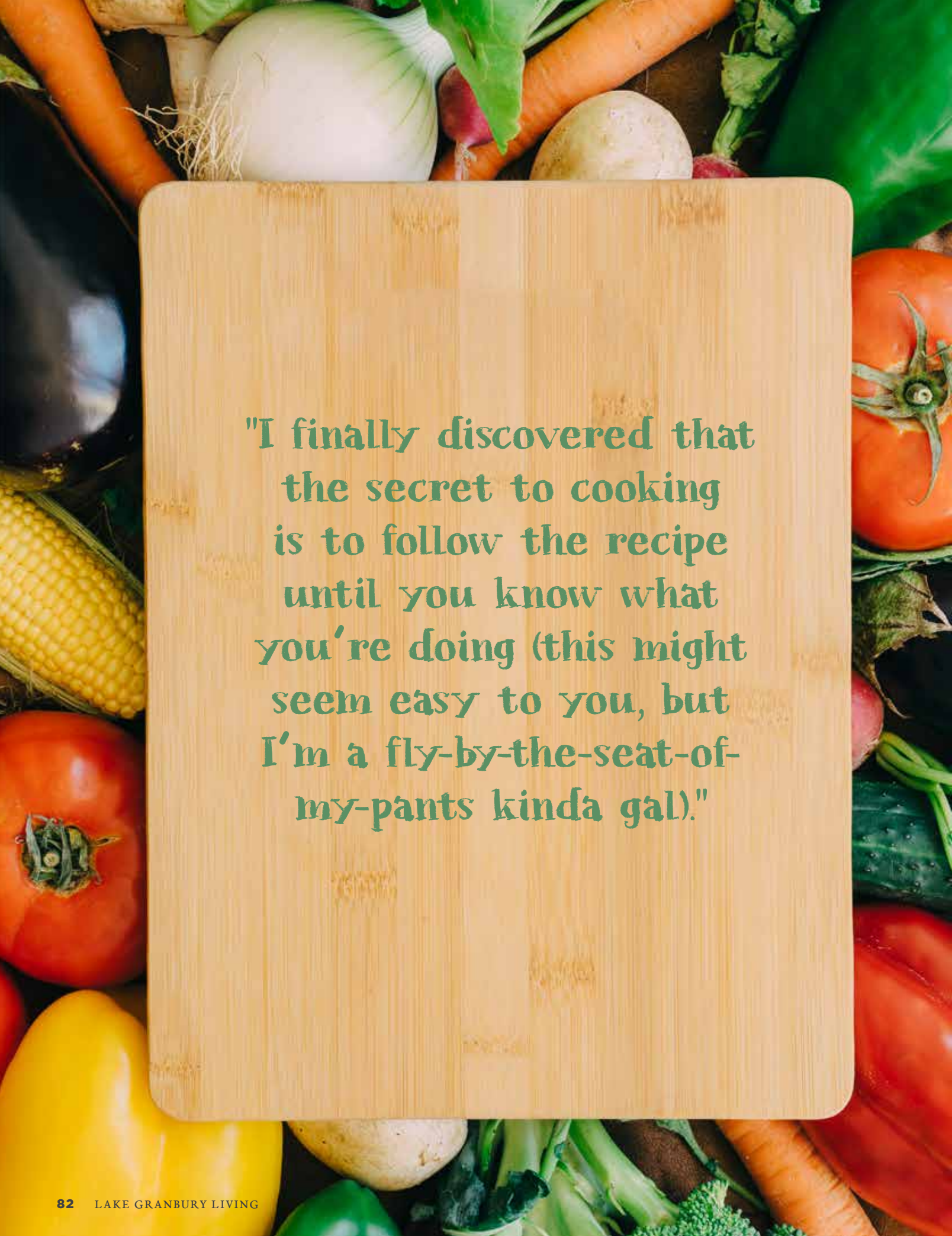
(Almost) Vegan in Texas

Words by **Dena Dyer**

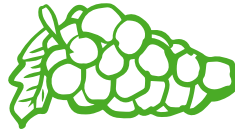
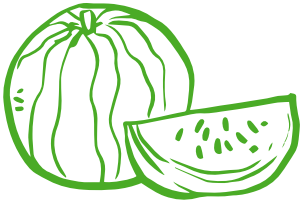


About Dena

Dena Dyer is a professional writer and speaker, as well as the author of eight books and hundreds of articles. Her most recent book, written with her husband Carey, is *Love at First Fight: 52 Story-Based Meditations for Married Couples*. In her day job, Dena is the Director of Communications and Development at Brazos Pregnancy Center. She and Carey have been married nineteen wonderful years, and a couple more they don't talk about. They live in Granbury with their two sons (Jordan and Jackson) and a spoiled dog, Princess. Dena loves coffee with hazelnut creamer, traveling, reading, shopping at thrift stores, and watching British television.

A wooden cutting board is centered in the image, surrounded by a variety of fresh vegetables including tomatoes, corn, carrots, and onions. The text is written in a green, serif font on the cutting board.

"I finally discovered that the secret to cooking is to follow the recipe until you know what you're doing (this might seem easy to you, but I'm a fly-by-the-seat-of-my-pants kinda gal)."



Over the last few years, I've taught myself to cook, and while I would no longer qualify for Food Network's "Worst Cooks in America," I won't be hosting a food show any time soon. When my youngest asked me to make him lunch the other day, he said (true story): "Mom, can you cook a grilled cheese—you know, the kind with the black on the bread?"

I finally discovered that the secret to cooking is to follow the recipe until you know what you're doing (this might seem easy to you, but I'm a fly-by-the-seat-of-my-pants kinda gal). Now that I have some experience, I enjoy substituting ingredients and coming up with my own food creations. I've even made a bunch of meals that all three of my guys liked enough to ask for second helpings. Score!

Last night, after a generous neighbor brought over bounty from her garden, I chopped cherry tomatoes, zucchini, squash, and okra and mixed them together in a large bowl. Grabbing the olive oil, I ladled two tablespoons over the vegetables and then sprinkled it with salt and fresh-ground pepper. Finally, I stirred everything together and spread the bright green, red, and yellow mixture onto a sheet pan. It all went into a pre-heated oven for fifteen minutes. And it was a big hit with my family.

This new hobby came about because my hubby took a new job that required much more time and energy. Prior to him changing careers, he cooked our family meals and I cleaned up after him.

Also, as someone who's struggled with two autoimmune disorders and all the symptoms (chronic pain, fatigue, etc.) for several years, I'm continually searching out ways to feel better and increase energy. It seemed eating out less—and knowing everything that went into the food I ate—was a simple, albeit not easy, way to control my nutrition intake.

In fact, after quite a bit of research, I even decided

to dramatically limit my consumption of meat, dairy, and eggs. It was not a decision I made easily; after all, I'm the daughter of a cattle rancher.

My ever-supportive husband, Carey, promised to join me on the plant-strong venture. Both of our fathers have had emergency open-heart surgery, and we wanted to be proactive about our own health. We knew changing our beef-heavy habits, especially in the Lone Star State—the land of big hats, big hair, and big steaks—would be tough. The day before we began eating to live instead of living to eat, Carey said, "Dena, I really need your support. I can't do this without you."

He lasted a week.

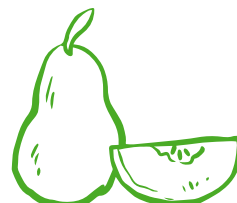
At the time, though, because he worked as a marketing director for Chick Fil-a, I forgave him. And Carey's always been an all-or-nothing kind of person. Around here, we call him "extreme boy".

In Rachel Ray's magazine, I read about a vegan gentleman who hadn't cheated on his diet in eighteen years. That's a huge accomplishment. Then again, the man lives in California.

I lasted quite a bit longer than Carey did, but eventually I did add some beef, cheese, and milk back into my diet. The impetus was the time a server brought me a cold, limp veggie burger when I was out at a restaurant with friends. It looked like a moldy hockey puck.

My buddies had a field day, and I endured a few minutes of ribbing (pun intended) about my choice of foods. I didn't mind the teasing, but I did change my order...and I completely and utterly enjoyed my flaming hot all-beef cheeseburger.

I still eat way fewer animal products than I used to. I just feel better treating my one-and-only body this way. However, if you offer me a plate of smoked brisket with all the trimmings, I won't turn it down.





HOME & DESIGN WITH *Maggie Walton*

Words by **Maggie Walton**

Photography by **Killingsworth Photography**

A Beach- Inspired Home

Those last few weeks of May are pure magic - another school year is drawing to a close, the days seem longer as more time is spent outdoors relaxing with family and friends, and summer is so close you can almost taste it. Evening boat rides out on the lake, family vacations to the Texas Coast... for many, summertime is spent on the water.



About Maggie

WWW.MAGGIEWALTONDESIGN.COM

f i p @MAGGIEWALTONDESIGN

I'm Maggie Walton, owner + designer of Maggie Walton Design. I was born and raised in Granbury, Texas and love this town for so many reasons. After graduating from Baylor University and marrying my high school sweetheart, there was no question that we would raise our family in Granbury. We have three energetic boys ages 8, 6 and 4 and we recently moved into our new construction "Modern Farmhouse". Creating beautiful spaces has been a love of mine for as long as I can remember. I enjoy spaces that are both comfortable and sophisticated, where my kids can run around and make a mess, and where dinner parties and baby showers can be hosted. While my style has evolved over the years, I would currently describe it as modern farmhouse + country cottage, with a few traditional pieces thrown in. Helping a client create a beautiful, comfortable, functional home that they are proud of is one of my greatest honors.



A beautiful, coastal-style home doesn't require a tropical view. If you can't actually be in the water, creating refreshing, relaxed rooms inspires the vacation-feels of summer. The cool colorscapes continue to invite us to enjoy our homes even as the temperature outside climbs. With a few simple design tricks, every day can feel like a day at the beach. Here are my favorite tips for creating a beach-inspired home.

Natural light

In your approach to a modern coastal-inspired home, explore ways to let as much sunlight in as possible, allowing the natural light to be the main source of illumination in your home. Swap out heavy blinds and window treatments with bamboo shades and ivory curtain panels. Allow your simple window treatments to act merely as a picture frame, accentuating the gorgeous view that is beyond and cultivating the light-filled quality to which we are all drawn to in coastal homes.





Ocean inspired color palette

Escape to the seaside with a color palette that reminds you of the ocean, sky and sand. Heavy doses of white, tawny tans, watery sea blues, muted greens, deep navy and steel grays - incorporating these coastal colors into your furniture and decor will immediately transform your home and give it the feeling of a relaxed coastal environment. Nothing screams coastal design like a white kitchen. White cabinets accented by the shimmer of a blue-green, iridescent tile backsplash is a constant reminder of the turquoise sea or deep blue waters. For entertaining, swap out your formal dinnerware for something a bit more casual. Consider adding melamine dishware in a vibrant color or pattern, perfect for both indoor and outdoor use. For a coastal look in your bedroom, choose luxurious white bed linens to add a deluxe, hotel-style feel, accenting with varying shades of blue or a striped or botanical patterned pillow or throw. If you opt for all white-bedding, make a statement with an upholstered headboard in a vibrant color or pattern.






Boost your texture

No beach-inspired home would be complete without the layering of different textures. How each piece in your home looks like it feels is a crucial aspect of coastal design. Incorporating woven materials like jute, sisal, seagrass or knotted wool into your home helps connect the indoors with the outdoors. For a touch of sophisticated luxury and to add to the comfortable and relaxed vibe, consider adding a natural fiber area rug to your home - this durable option works great in any space. A bamboo tray on a coffee table or a rattan basket that holds throw blankets are other simple and functional ways to add texture to any room.

Ralph Waldo Emerson once said, “Live in the sunshine, swim the sea, drink the wild air.” Whether you live near the water or not, creating a casual, breezy coastal style home is the perfect way to welcome the summer months. 🏠



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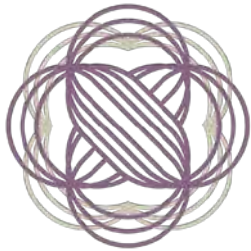
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FEATURE STORY

Hood County Children's Charity Fund

Content provided by **Kylee Peterson, HCCCF Board President**



Our mission is to provide for the immediate economic, physical, educational and emotional needs of children in Hood County.

On a cold, wintry morning in 1984, a Granbury mother noticed several children walking from the school bus to begin class, not in warm coats and scarves, but dressed as though it were a warm, sunny day. After she delivered her child to Emma Robertson Elementary School, Paula Evans drove to her job as a secretary at the local Coldwell-Banker real estate office. Deeply bothered by the idea of coatless children wearing sandals, she spoke to others in the office, including Carol Grossnickle and Donna Parker. Together, they phoned friends in other offices and in the community. Joined by others in the

office, they began a funding campaign that raised \$1,000 in just 24 hours! Working with the school nurse, Martha Garner, they soon provided coats for the students in need.

This story does not stop here. Dedicated people in the real estate community, once made aware of the critical situation of many Granbury students, continued to raise funds for various unmet needs, including medical and dental emergencies, urgent utility bills, as well as Christmas gifts. Because there were no children's charity or organizations like United Way in the county, the group realized there was a huge need for assisting children that was untapped.

In the spring of 1985, the first Hood County Children's Charity Fund Duffer's Delight Golf Tournament was born. Held for the first few years at the public golf course, the annual tournament moved to DeCordova Bend Golf Course where it continues today. Celebrating its 34th year in May 2019, it remains a fun-packed experience for everyone, as well as HCCCF's primary fundraising activity.

Over the years, HCCCF has developed more effective methods of meeting children's needs. Since their formation, both Operation School Supplies and Hood County Christmas for Children were created as a result of the organization. And before Mission Granbury could offer case management, HCCCF actually had over 30 volunteers that worked as case managers for children in need. And before Ruth's Place, rural medical clinics were brought in before school started.

Today, the organization focuses on three main areas: back-to-school clothing, winter coats, Heavenly Closets, scholarships for graduating seniors attending trade schools and meeting various emergency needs of a child.

The back-to-school clothing project allows families to meet at Walmart on designated days in August to shop for their children. A budget is determined based on the child's grade level. Just last year, 526 children were clothed to go back to school.

In 2017, the Heavenly Closet initiative was created after teacher Atyka Ditto noticed a student being made fun of because their shoes were dirty and holey. After switching shoes with the student and putting herself "in the person's shoes", she realized a clothing and shoe closet needed to be accessible to Hood County children while at school.

Seeing how missions aligned, Heavenly Closet has now become an arm of HCCCF. Since the closet at Granbury Middle School was built, three more closets have been installed with brand name, new clothing and shoes at Acton Middle School, Granbury High School, and at Baccus Elementary.

HCCCF continues to serve through emergency or unmet needs that affect the child, and the family. One of their most recent success stories assisted a 7-year-old girl who has Down Syndrome and was struggling to learn how to feed herself. A therapist reached out on a limb trying to find assistance for this child. She was in need of a specialized high chair, properly angled, so she would not choke as easily when she ate. The chair

GET INVOLVED

ALL DONATIONS CAN BE SENT TO:

PO BOX 1276

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For more information:

hoodcountychildrenscharity.com

BACK TO SCHOOL

WHAT WE NEED: DONATIONS

- 4 Designated Days in August
- Expected Budget: \$24,000

GOAL: TO CLOTHE OVER 600 CHILDREN

HEAVENLY CLOSET - STOCKING THE NEW SCHOOL YEAR

WHAT WE NEED: DONATIONS & PARTNERS

- Restocking of clothes, shoes, and undergarments for 4 closets
- Partners we need: - Stores to donate merchandise or provide discounts for us to purchase clothes
- Businesses or organizations to purchase a particular item and routinely supply it (i.e. - socks, lice kits, undergarments, coats, etc.)
- Groups to "adopt" a closet and provide monetary support

GOAL: TO PROVIDE CLOTHING AND SHOES THROUGHOUT THE SCHOOL YEAR AS CHILDREN ARE IDENTIFIED AS IN NEED BY THE SCHOOL

was delivered on Valentine's Day, forever helping the child to be more independent.

The HCCCF board is comprised of 14 volunteers ranging from the District Attorney, educators, moms and dads, a child crimes investigator, and of course, still several real estate professionals. The group is truly the 'ears to the ground' working with other local organizations to assist children in immediate times of need.

All it takes is for one person to make a difference - and what a difference it has made for the children of Hood County for over 35 years!



LOOKING FORWARD

Philanthropic Happenings this Summer

• A FIELD OF FLAGS: REMEMBRANCE AND HONOR

Benefitting veterans & their families of Hood County

DATE: MAY 24 - 27, 2019

LOCATION: 3602 E. HIGHWAY 377

EVENT DESCRIPTION:

A Field of Flags is presented by Greater Granbury Military Officers Association of America. This is a wonderful opportunity to visibly honor and remember all of our military and first responders—present and past—all of those currently serving, those who have served in the past and those who have made the ultimate sacrifice. Hundreds of flags will fly on Highway 377 during Memorial Day weekend. Each 3' x 5' flag in our field will have a tag that will identify the person or unit being honored. granburyfieldofflags.com

CONTACT INFORMATION:

(817) 776-7766

• HOOD COUNTY STAMPEDE

Benefitting the Miracle League of Granbury

DATE: JUNE 1, 2019

TIME: 7:30 pm

LOCATION: Granbury Reunion Grounds

EVENT DESCRIPTION:

For our third annual Hood County Stampede we will have several events including bareback, saddle bronc and bull riding with top contestants competing. There will also be mutton bustin', which is always a crowd favorite. The event will have some great special guests as well, so don't miss out on it! Our mission is to assist the needs of Hood County, Texas thru an annual first class and family friendly rodeo event in Granbury, TX. Net proceeds will be invested back into the community towards local children's charities, helping children, scholarships, and maintaining the cowboy culture way of life. This year our beneficiary is Lake Pointe Academy. To purchase tickets, enter rough stock, or enter into mutton bustin' contact us through our website!

CONTACT INFORMATION:

www.hoodcountystampede.com

• 6TH ANNUAL FIRECRACKER 5K

Benefitting Lake Granbury Kiwanis Club

DATE: July 4th, 2019

TIME: 8:00 am

LOCATION: Tidwell Field
2000 W. Pearl St.

FEES/ADMISSION:

Entry Fees: \$25.00 Race Fee + \$2.50 SignUp Fee
Price increases to \$30.00 after July 3, 2019 at 11:59pm CDT

Register by June 25th to be guaranteed a t-shirt!

EVENT DESCRIPTION:

The Lake Granbury Kiwanis Club works to benefit children in our community and abroad. Proceeds from this event will go to support several organizations that service children in various ways such as Rainbow Room, Miracle League, Odyssey of the Mind, 4H, Operation School Supplies, Christmas for Children and others. First place overall male/female winners will each receive a \$30 gift certificate from Chicken Express. Second place overall male/female winners will each receive a \$15 gift certificate from Chicken Express. Medals will be presented to all other age category winners. Age categories: 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+ There will also be a special raffle prize from Lowe's Sign up for the race at www.runraceday.com/calendar.

CONTACT INFORMATION:

(817) 219-2513
millsie77@yahoo.com

DON'T SEE YOUR UPCOMING EVENT LISTED?

Email us at info@greenfoxmarketing.net

We'd be glad to add your event to our website and Facebook page.

Summertime in Granbury

FESTIVE HAPPENINGS THIS SUMMER

THE NEW GRANBURY LIVE

"The Most Intimate Venue in Texas"
See thenewgranburylive.com for ticket prices and show updates. These events sell out fast, get your tickets today!

A Tribute to the Music of the Legendary Willie Nelson
MAY 18 2:00 & 7:00 pm

Deryl Dodd
MAY 24 8:00 pm

A Tribute to George Jones
MAY 25 2:00 & 7:00 pm

Doug Allen Nash presents a Tribute to Neil Diamond
JUNE 1 2:00 & 7:00 pm

Confederate Railroad
JUNE 6 8:00 pm

The Granbury Live Follies present "Rockin' and Rollin'"
JUNE 8 2:00 & 7:00 pm

"Hank and My Honky Tonk Heroes" Starring Jason Petty
JUNE 13 7:00 pm

The Rosemont Kings
JUNE 15 7:30 pm

The Best Show Ever! featuring Grammy Award Winner Bryan White
JUNE 22 2:00 & 7:00 pm

Innocent Man A Tribute to the Music of Billy Joel
JUNE 29 2:00 & 7:00 pm

Johnny Rodriguez
JULY 13 7:30 pm

For the Good Times
JULY 20
2:00 & 7:00 pm

Chris Collins and Boulder Canyon, A Tribute to John Denver
AUG 3 2:00 & 7:00 pm

A GRANBURY SALUTE MEMORIAL WEEKEND

MAY 25-27
Historic Granbury Square

Spend Memorial Weekend in Granbury for a patriotic weekend to remember. The weekend honors those who gave the ultimate sacrifice for our country, and also kicks off the summer season in Granbury. The patriotic festival will feature family activities, arts and craft booths, food vendors, patriotic live music, vintage military vehicles, hot dog eating contest, a pie baking contest, activities for the entire family, and so much more. Make your way to see "2019 A Field of Flags: Remembrance and Honor," a field with thousands of tall American flags waving proudly on Highway 377. Each flag is dedicated to a hero or group who have given the ultimate sacrifice. In keeping with the importance of the holiday, a traditional Memorial Day ceremony will take place to remember the heroes lost and honor those still with us. Visitors can also stop by the Granbury Memorial Lane Project located just off the Historic Granbury Square.

OLD FASHIONED 4TH OF JULY CELEBRATION

JULY 4-6
Historic Granbury Square

Granbury's Fourth of July celebrations are always unforgettable. Thousands flock to Granbury to take part in the small town festivities and celebrate all things America. The parade around the Historic Granbury Square, the vendors, the iconic Lake Granbury and a top-rated firework show to finish it all off, all make for a memorable Fourth of July for the entire family.

GRANBURY OPERA HOUSE

Granbury Theatre Company at the Granbury Opera House. There is something for everyone at the Granbury Opera House. The 2018 season brings a diverse collection of shows. Join us for classics, rock bands, and little known shows to round out your theatre season experience!

Seven Brides for Seven Brothers
APR 26 - MAY 27

Grease
JUN 7 - JUL 7

Aladdin Jr.
JUL 12 - JUL 21

The Wizard of Oz
JUL 26 - AUG 25

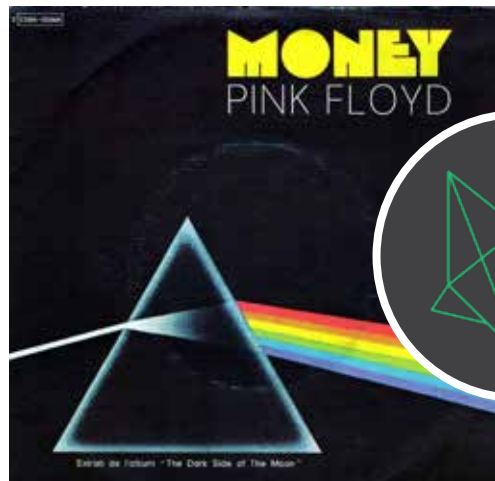
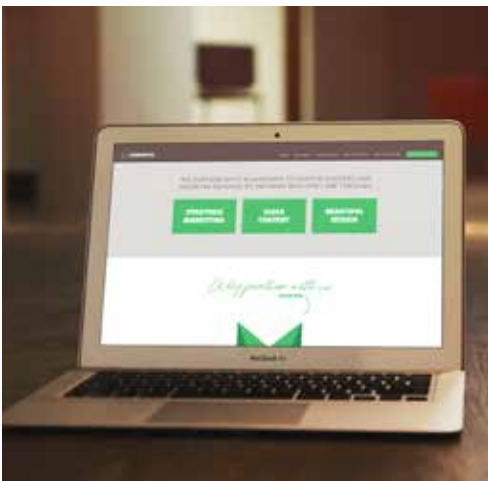
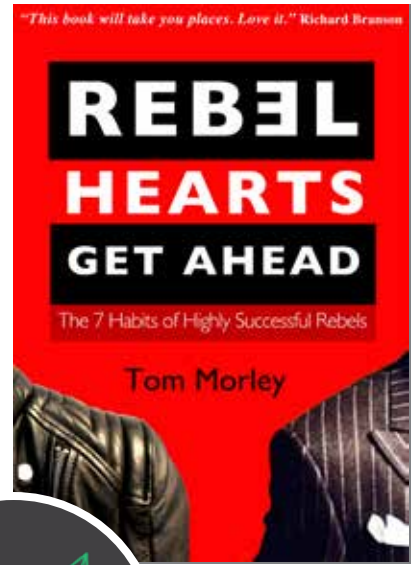
Visit granburytheatrecompany.org for ticketing information.

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